Angela Johnson

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Angela Johnson is the CEO of sanoLiving, Canada's first fully national digital health platform dedicated to women's health. The company partners with over 700 employers and supports more than 500,000 members across the country. Women using the platform report an 80% improvement in quality of life and a 50% boost in work performance within two months, results achieved through personalized care, coaching, and AI-powered tools spanning hormonal, metabolic, and mental health, as well as chronic disease prevention and longevity. Angela brings a strong record of advancing health innovation. She founded Medical Confidence, which cut specialist wait times by 280 days and was adopted by 90% of Canada's insurers before being acquired. She also developed the Mental Health Coach platform, which improves depression and anxiety symptoms by 94% and was embraced by employers and insurers nationwide. A former IBM executive, published author, and recipient of the WeRPN Employer of the Year Award and the International Forum on Advancements in Healthcare Award, Angela brings more than 25 years of leadership in technology, strategy, and health system transformation. Her lived experience with midlife health challenges fuels her mission to close gaps in women's care and ensure innovation delivers measurable outcomes.